

**NPC Day Care Menu Week of: February 19, 2024-February 23, 2024**

**Breakfast**

Monday 2/19	Tuesday 2/20	Wednesday 2/21	Thursday 2/22	Friday 2/23
Fresh Fruit	→			
Rice Krispies Life Chex	French Toast & Syrup	Kix Cornflakes Wheaties	Muffins	Cheerios Crispix Honey Bunches of Oats
WG Toast	→			
Milk	→			

**A.M. Snack**

Oatmeal Raisin Cookies	Pastry Crips	Vanilla Wafers	Lorna Doones	Rice Krispie Treats
Milk	Milk	Milk	Milk	Milk

**Lunch**

Monday 2/19	Tuesday 2/20	Wednesday 2/21	Thursday 2/22	Friday 2/23
Sloppy Joes On A Bun Salad SA/O/P Peas D/P/K Peaches	Baked Ham Tater Tots Corn Pineapple	Chicken Rice Pilaf Green Beans Pears	Cheese Burger On A Bun Cucumbers P/o Carrots D/P/P Mandarin Oranges	Cheese Ravioli Peas & Carrots Applesauce
Milk	→			

**P.M. Snack**

Cheese It's	Fresh Fruit Crackers	Fresh Fruit Crackers	Animal Crackers	Bunny or Gold Fish Grahams
Juice	Water	Water	Milk	Milk

**Component Quantity required for each age**

	1-2 yrs.	3-6 yrs	6-12 yrs
<b>Breakfast</b>			
Milk	1/2 cup		
Fruit/Veg	1/4 cup	1/2 cup	1/2 cup
Breakfast/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
<b>Lunch/ Supper</b>			
Milk	1/2 cup	3/4 cup	1 cup
Fruit/Veg	Two servings to a 1/4 cup	Total: 1/2 cup	3/4 cup
Bread/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1 oz.	1 1/2 oz.	2 oz.
<b>Snack any two food groups in the quantities below</b>			
Milk	1/2 cup	1/2 cup	1 cup
Fruit/Veg	1/2 cup	1/2 cup	1/2 cup
Bread/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1/2 oz.	1/2 oz.	1 oz.



2/19/24



**Notes: 2/19/24 Presidents Day all school agers will be here.**