

NPC Day Care Menu Week of: November 4, 2024- November 8, 2024

Breakfast

Monday 11/4	Tuesday 11/5	Wednesday 11/6	Thursday 11/7	Friday 11/8
Fresh Fruit	→			
Rice Krispies Life Chex	Waffles & Syrup	Kix Cornflakes Wheaties	Yogurt	Cheerios Crispix Honey Bunches of Oats
WG Toast	→			
Milk	→			

A.M. Snack

Oatmeal Creams	Pop Tarts	Nutri- Grain Bars	Madeline's	Belvita Bars
Milk	Milk	Milk	Milk	Milk

Lunch

Monday 11/4	Tuesday 11/5	Wednesday 11/6	Thursday 11/7	Friday 11/8
Hot Dog On Bun Corn Pears	Pizza Salad <small>P/O/SA</small> Peas <small>D/P/K</small> Peaches	Ham & Cheese Strips Muffin Green Beans Applesauce	Chicken Tenders Carrots Pineapple	Meatballs Noodles Broccoli Mandarin Oranges
Milk	→			

P.M. Snack

Goldfish Grahams	Pudding	Pretzels	Sliced Cheese Crackers	Fresh Fruit Crackers
Milk	Milk	Juice	Water	Water

Component Quantity required for each age

	1-2 yrs.	3-6 yrs	6-12 yrs
Breakfast			
Milk	1/2 cup		
Fruit/Veg	1/4 cup	1/2 cup	1/2 cup
Breakfast/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Lunch/ Supper			
Milk	1/2 cup	3/4 cup	1 cup
Fruit/Veg	Two servings to a 1/4 cup	Total: 1/2 cup	3/4 cup
Bread/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1 oz.	1 1/2 oz.	2 oz.
Snack any two food groups in the quantities below			
Milk	1/2 cup	1/2 cup	1 cup
Fruit/Veg	1/2 cup	1/2 cup	1/2 cup
Bread/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1/2 oz.	1/2 oz.	1 oz.



equal opportunity provider!

Notes: No Paula 11/4 thru 11/6 or 11/8 Nordonia Here 11/5 Tues / Thurs 11/7 or Fri 11/8.