

NPC Day Care Menu Week of: January 12, 2026-January 16, 2026

Breakfast

Monday 1/12	Tuesday 1/13	Wednesday 1/14	Thursday 1/15	Friday 1/16
Fresh Fruit				
Rice Krispies Chex	Pancakes & Syrup	Kix	Yogurt	Cherios Crispix Honey Bunches Of Oats
WG Toast				
Milk				

A.M. Snack

Pastry Crisp	Nutri-Grain Bars	Animal Crackers	Chex Mix	Fig Newtons
Milk	Milk	Milk	Juice	Milk

Lunch

Monday 1/12	Tuesday 1/13	Wednesday 1/14	Thursday 1/15	Friday 1/16
Meatballs Sauce & Pasta Carrots Fruit Cocktail	Hot Dog On A Bun Green Beans Pears	Breaded Chicken Corn Mandarin Oranges	Fish Sticks Cucumbers P/O Carrots D/P/K Pineapple	Macaroni & Cheese Peas Peaches
Milk				

P.M. Snack

Pretzels	Wheat Thins	Fresh Fruit Crackers	Goldfish Grahams	Apple Loaf
Juice	Juice	Water	Milk	Milk

This institution is an equal opportunity provider.

Component Quantity required for each age			
	1-2 yrs.	3-6 yrs	6-12 yrs
Breakfast			
Milk	1/2 cup		
Fruit/Veg	1/4 cup	1/2 cup	1/2 cup
Breakfast/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Lunch/ Supper			
Milk	1/2 cup	3/4 cup	1 cup
Fruit/Veg	Two servings to a 1/4 cup	1/2 cup	3/4 cup
Bread/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1 oz.	1 1/2 oz.	2 oz.
Snack any two food groups in the quantities below			
Milk	1/2 cup	1/2 cup	1 cup
Fruit/Veg	1/2 cup	1/2 cup	1/2 cup
Bread/Cereal	1/2 oz. or 1/2 slice	1/2 oz. or 1/2 slice	1 oz. or 1 slice
Meat/Alternate	1/2 oz.	1/2 oz.	1 oz.



Notes: Nordonía off school Fri 1/16 Teacher In-Service.
St B. off school Fri 1/16 Teacher In-Service.